

JOIN VILLA PILATES & YOGA IN...

TULUM

mexico, oct. 12-18 with Andrea Martin



Tulum, Mexico, is one of the Yucatan Peninsula's most incredible beachfront destinations. Reset, relax, and rejuvenate along the energizing Caribbean Sea with a group of yogis of all levels and backgrounds.

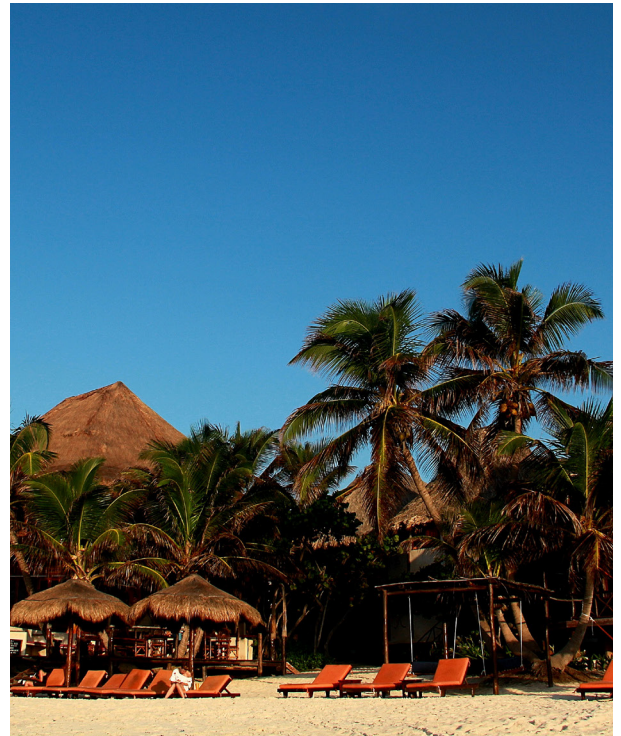
Tulum is renowned for both manmade and naturally occurring phenomena, from freshwater cenotes to some of the world's best-preserved Mayan ruins. Spend your evenings in a culturally rich town with great restaurants, shopping, and salsa dancing.

Join us at Amansala Eco-Chic Resort and Spa for an unforgettable retreat that will include:

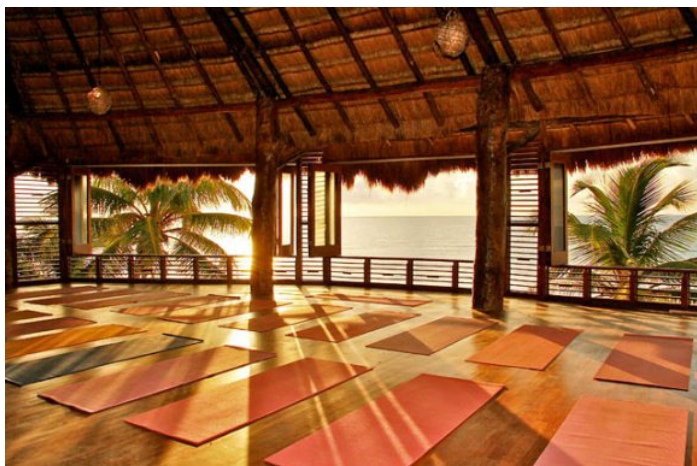
- » Single- to triple-occupancy cabanas equipped with private bathrooms, hot and filtered water, and Wi-Fi
- » Open air yoga practice and beachside lounging
- » Three healthy meals a day (choose from chicken, fresh fish and vegetarian options)
- » Two yoga classes every day
- » Biking, Kayaking, and Stand-up Paddleboarding
- » Airport transportation
- » Mayan Clay Spa Treatment

...in addition to optional excursions:

- » Cenote Snorkel Trip
- » Mayan Ruins & Nature Tour
- » Tour to Coba Ruins
- » Traditional Mayan Temazcal (sweatlodge)
- » Spa Treatments



Born and raised in Newport Beach, Andrea has always maintained her love for travel. She first found yoga 15 years ago as a compliment to her athletic, active lifestyle. She found peace in slowing down, and now she radiates that, along with a passion for music and dance, through teaching. Andrea is certified thru Core Power Yoga, completed Continuing Education with Nicolette David, and is Yoga Alliance Certified



pricing:

regular / teacher / early discount by 8.31

double occupancy: 2300 / 2000 / 2150

triple occupancy: 2050 / 1750 / 1900

single occupancy:

small non-beachfront: 2500 / 2200 / 2350

small semi-beach view: 3075 / 2500 / 2875

beachfront private: 3275 / 2700 / 3050

for more information, email rachelle@villapilatesandyoga.com or call the studio at 949.673.6800.